



602-325-9334

<http://www.deliverydine1.com>

Luci's Healthy Marketplace .

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1590 E Bethany Home Rd, Phoenix,
AZ 85014 602-325-9334

Great Food!

New Delivery Hours!

Delivery Dine will deliver to your door
during the hours of M-F 10am-1pm
and 4pm-8pm Sat 12pm-8pm Sunday
NO Delivery

Build Your Own Omelette

Omelette yummies include: Cheddar,
Swiss, Or Provolone Cheese;
Mushrooms, Onion, Spinach, Tomato,
Zucchini And Bell Pepper; Ham,
Turkey, Sausage, or Bacon. All
served with Country Spuds.

EENY Egg + 1 cheese \$7.99
Egg + 1 cheese.

MEENY Egg + 6 Veggies \$8.99
Egg + 6 Veggies

MINY Egg + 1 Cheese + 6 \$9.39
Veggies

Egg + 1 Cheese + 6 Veggies

MOE Egg +1 Protein + Cheese \$10.19
+ 6 Veggies

Egg +1 Protein + Cheese + 6
Veggies.

All-Day Breakfast

Substitute Egg Whites, Gluten-Free
Bread and/or Vegan Cheese
(gluten-free, soy-free, or casin-free)
for \$2.00 each.

THE ORCHARD \$10.99

Fresh-cracked local eggs, sauteed
mushrooms, spinach, red onion,
potatoes, and avocado topped with
fresh salsa..

THE SPANIARD OMELETTE \$10.99

Natural chicken chorizo blended
with red onions, tomatoes, bell
peppers, diced green chilies and
jalapeños topped with melted
cheddar cheese and served with
fresh pico de gallo salsa. Served with
country spuds medley and seasonal
fruit.

SUNRISE OMELETTE \$10.99

Fresh Cracked egg whites, grilled
turkey, sautéed spinach, tomato,
avocado and topped with salsa.
Served with medley potatoes and
fruit

THE GREEK OMELETTE \$10.99

A delectable blend of sautéed
spinach, red onion, tomato and
mushrooms topped with seasoned
feta cheese. Served with country
spuds medley and seasonal fruit

AVOCADO TOAST \$10.39

Thick-cut artisan topped with
seasoned, fresh smashed avocado,
pickled onions, tomatoes and herb

Signature Cold Sammies & Wraps

All full Sammies, Melts and Wraps
include a Kosher Pickle and choice of
Homemade Asiago Penne Salad,
Homemade Dill Potato Salad, or
Seasonal Fruit. Substitute Gluten-Free
Bread and/or Vegan Cheese
(gluten-free, soy-free, or casin-free) for
\$2 each. Substitute bread for a Spinach
Wrap, Sun-Dried Tomato Wrap or
Whole Wheat Wrap at no charge.

THE PRESS PANINI \$9.99

Hot honey baked ham, fresh
mozzarella, fire roasted green chilis,
slices of stacker pickles with a red
pepper basil aioli sauce served on
artisan bread.

TURKEY LURKEY \$10.19

Artisan light bread, turkey, havarti
cheese, applewood smoked bacon,
avocado, romaine lettuce, tomato,
pesto sauce, and mayo

SMOKEY JOE'S BLT \$9.99

Artisan light bread, applewood
smoked bacon, tomato, romaine, and
mayo.

ROSIE'S ROAST BEEF \$9.99

Sourdough bread, roast beef,
cheddar cheese, romaine, tomato,
and horse radish sauce.

THE HUMM-DINGER VEGAN \$9.69

WRAP

Roasted artichoke, zucchini, red
bell pepper, onion, fresh spinach and
hummus with a balsamic reduction
drizzle.

Build Your Own Sammie or Wrap

Sammie/Wrap includes Lettuce, Tomato
and Mayo.

THE CONTRACTOR \$9.49

Choose a protein : Curry Chicken
Salad, Roasted Chicken Salad,
Albacore Tuna Salad, Egg Salad,
Applewood Smoked Bacon, Baked
Turkey, Honey Baked Ham, or
House-Roasted Beef. Deli-sliced
Artisan Light, Multigrain, Marble Rye,
Wheat, Sourdough, Gluten-Free,
Spinach Wrap or Sun-Dried Tomato
Wrap. Add cheese for \$0.79 :
Cheddar, Swiss or Provolone

HALF SAMMIE with your \$8.49

choice of SOUP or HOUSE
SALAD

16oz. soup of day or garden salad
served with a light ranch peppercorn
dressing.

Salads, Soups & Such

SOUP OF THE DAY: \$4.99

Call to find out the soup of the day
.. 602-773-1339

**** WE ARE NOT A GLUTEN-FREE
FACILITY.** We simply offer a variety of
gluten-free products as options.

Signature Hot Melts, Burgers & Such

Hot Melts and Sammies are served on
your choice of a Multigrain Baguette or
Artisan Light Baguette.

*LUCI'S Famous ALL Natural \$13.49
BURGER

A half-pound Niman Ranch all
natural, grass-fed angus sirloin patty
(cooked the way you like it) with
sauteed mushrooms, red onion,
apple wood smoked bacon, choice of
cheddar, Swiss or Provolone cheese
on a delicious brioche roll.

ZEUS Turkey BURGER \$10.99

Ground turkey burger seasoned
with mediterranean spices and
topped with melted Provolone,
artichokes and roasted red peppers
on a delicious brioche roll.

HOT JUAN BLACK BEAN \$10.19
BURGER

Vegetarian grilled black bean
chipotle burger topped with avocado,
tomato and red onion on a jalapeno
cheddar bagel.

THE DIRTY DOCTOR MELT \$9.99

House-baked turkey, roast beef,
cheddar, avocado, horseradish mayo
and Luci's signature barbecue sauce.

THE NAUGHTY NURSE MELT \$9.99

Roasted red bell pepper, artichoke,
avocado, fresh mozzarella, hummus
topped with pesto, and drizzled with a
balsamic reduction.

NAME-THAT-TUNA MELT \$9.99

Albacore tuna salad, tomato, and
Swiss cheese.

THE WILD SALMON \$11.49

Pan-seared salmon drizzled with
basil pesto, served atop chopped
spinach, red onion and red pepper.

MADISON LAHVOSH \$15.99

Danish havarti cheese melted on a
large 15 Lahvosh circle topped with
roasted bell pepper, marinated
artichoke heart, vine ripe tomatoes,
spinach and drizzled with our
homemade pesto sauce.

***State Health Code requires us to
inform you that eating raw meat, fish or
eggs may increase your risk of
food-borne illness, especially if you have
certain medical conditions. ** WE ARE
NOT A GLUTEN-FREE FACILITY. We
simply offer a variety of gluten-free
products as options.**

**Market items can be added
to any order. Simply click
on the link below "Add**

<i>goat cheese. Served with over easy eggs and a side of fresh fruit.</i>	
BURRITO BOMB	\$9.39
<i>Scrambled eggs, medley potatoes, and a choice of ham, turkey, sausage, bacon or chicken chorizo stuffed in your choice of a sun-dried tomato, spinach or whole wheat wrap. Served with pico de gallo.</i>	
BIG BOY BREAKFAST	\$9.99
<i>Three eggs your way with a choice of bacon, sausage, ham or natural chicken chorizo. Served with country spuds medley and toast.</i>	
KICK STARTER SAMMIE	\$9.39
<i>Fresh cracked local eggs whites, turkey sausage, avocado, and tomato on your choice of bagel or English muffin. Served with a side of salsa</i>	
WAFELICIOUS	\$8.99
<i>A large malted vanilla Belgian waffle topped with strawberries, homemade whipped cream and butter. Splurge a bit and add pecans, bananas, caramelized apples or blueberries.</i>	
FUNKY MONKEY FRENCH TOAST	\$8.99
<i>Three slices of sweet cinnamon pull-apart bread, battered, pan sizzled and dusted with powdered sugar served with maple syrup and butter.</i>	
FLAPJACKS .. Gluten Free	\$8.49
<i>Two oversized homemade pancakes with butter and maple syrup. Add pecans, bananas, caramelized apples or blueberries for \$1.00.</i>	
FLAPJACKS	\$7.69
<i>Two oversized homemade pancakes with butter and maple syrup. Add pecans, bananas, caramelized apples or blueberries for \$1.00. ADD GLUTEN FREE : \$1.00.</i>	
*EGG SAMMIE	\$7.69
<i>Scrambled eggs with a choice of Swiss, cheddar or provolone and a choice of ham, turkey, sausage, bacon or chicken chorizo. Served on a choice of toasted English muffin, bagel or bialy.</i>	
ACAI SUPERFOOD BOWL	\$10.19
<i>A blended cool bowl of organic acai berries, filled with powerful antioxidants, topped with hemp granola, bananas and blueberries.</i>	
MUESLI	\$5.19
<i>A bowl of chilled Swiss-style organic oatmeal with vanilla yogurt topped with sliced almonds and blueberries.</i>	
PAPA BEAR OATMEAL 16oz.	\$5.19
<i>Organic steel cut oats with brown sugar and caramelized apples.</i>	
LUCIS YOGURT PARFAIT 8oz.	\$5.19
<i>Organic vanilla yogurt with berries and organic hemp granola.</i>	
LOX & BAGEL	\$8.89
<i>Choice of bagel served with Nova Scotia lox, capers, sliced red onion, sliced tomato and cream cheese.</i>	
SEASONAL FRESH FRUIT SALAD	\$3.99
THICK-CUT APPLEWOOD SMOKED BACON (4)	\$4.99
SAUSAGE LINKS (4)	\$4.59
TURKEY SAUSAGE PATTIES (3)	\$4.49
SIGNATURE SEASONED COUNTRY SPUDS	\$3.99
<i>Our signature seasoned potatoes.</i>	
TOAST Artisan Light, Marble	\$1.99

THE KALE SALAD	\$9.99
<i>Fresh cut Italian black Kale, Lemon, diced Roma Tomatoes, toasted almonds and parmesan cheese. Served with basil cucumber dressing.</i>	
TUNA NICOISE SALAD	\$10.29
<i>Albacore Tuna salad over mixed spring greens, cucumber, tomato, green beans, hardboiled egg, red potato, red onion and olives with a citrus vinaigrette.</i>	
CHOP CHOP COBB SALAD	\$10.19
<i>Hearts of Romaine and baby spinach mixed with seasonal squash, vine ripe tomatoes, roasted turkey, applewood smoked bacon, red onion and marinated artichoke hearts. Topped with our Bleu cheese pesto dressing</i>	
CAPRESE SALAD	\$9.79
<i>Fresh mozzarella and tomato served with a basil pesto and balsamic reduction.</i>	
SPRING BEET SALAD	\$10.29
<i>fresh field greens, red and golden beets, fennel, cranberries, almonds, feta cheese with cranberry almond vinaigrette</i>	
LITTLE KALE SALAD	\$5.99
<i>A smaller size of our fresh cut Italian black and purple kale. cherry tomatoes, sunflower sprouts, cashews, sunflower seeds and parmesan cheese. Served with basil cucumber dressing</i>	
LITTLE HOUSE SALAD	\$5.99
<i>A Smaller size of our fresh greens, artichoke, cherry tomatoes, herb goat cheese. Served with your choice of dressing</i>	

Market items".. Once link item is in upper window click on the " Customize Item " button just right of it to edit.

Add Market items

Please note "Market items" will be a seperate total. But we will call you with it once the market rings it up. So you may add it to your same CC or over all bill. Thank You!

Chocolate Chip Cookie \$1.49

Kid's Menu: for Guest 12 & Under

Served on choice of Artisan Light Baguette, Multigrain Bread. Gluten-Free option \$2., Includes a small bag of chips or side of fruit.

Kids cheese crisp	\$4.59
Kids cheese crisp w/ Vegan Cheese	\$6.59
Kids FLAPJACKS	\$4.99
Kids FLAPJACKS .. Gluten Free	\$5.99
SAY CHEESE Cheddar MELT	\$5.99
<i>Grilled cheddar cheese and sliced tomato served with a creamy tomato basil dip.</i>	
SAY CHEESE Cheddar MELT w/ Vegan Cheese	\$7.99
GRILLED HAM & CHEESE MELT	\$6.99
GRILLED HAM & CHEESE MELT w/ Vegan Cheese	\$8.99

